

# No Man's Land

Count: 32 Wall: 2 Level: Intermediate

Choreographer: Ria Vos (NL) July 2013

Music: No Man's Land by Leanne Mitchell



## Intro: 8 Counts ( $\pm$ 10 sec)

### Side, Behind, $\frac{1}{4}$ R, $\frac{1}{4}$ R, Sailor $\frac{1}{4}$ R, Full Turn L, Step Back, Coaster Cross

- 1-2& Step R to R Side, Step L Behind R,  $\frac{1}{4}$  Turn R Step Fwd on R (3:00)  
3-4&  $\frac{1}{4}$  Turn R Step L to L Side, Step R Behind L Turning  $\frac{1}{4}$  Turn R, Step L Next to R (9:00)  
5-6 Step Fwd on R, Pivot  $\frac{1}{2}$  Turn L (weight on L) (3:00)  
&7 Turn another  $\frac{1}{2}$  Turn L Small Step Back on R, Small Step Back on L (9:00)  
8&1 Step Back on R, Step L Next to R, Step R Fwd and Across L

### Side Rock-Cross, $\frac{1}{4}$ L, $\frac{1}{2}$ L, Point, $\frac{1}{2}$ R Sweep, Cross, Side, Cross

- 2&3 Rock L to L Side, Recover on R, Step L Fwd and Across R (count 2&3: moving Fwd)  
4&5  $\frac{1}{4}$  Turn L Step Back on R,  $\frac{1}{2}$  Turn L Step Fwd on L, Point R to R Side (12:00)  
6-7  $\frac{1}{4}$  Turn R Step Fwd on R Sweeping L into another  $\frac{1}{4}$  Turn R, Cross L over R (6:00)  
8& Step R to R Side, Cross L Over R

### Basic R, Side, Behind, $\frac{1}{4}$ L, Side, Behind, Side, Cross Rock, Side Rock, Behind-Sweep

- 1-2& Step R to R Side, Rock Back on L, Recover on R  
3-4& Step L to L Side, Step R Behind L,  $\frac{1}{4}$  Turn L Step Fwd on L (3:00)  
5-6& Step R to R Side, Step L Behind R, Step R to R Side  
7& Cross Rock L Over R, Recover on R  
8&1 Rock L to L Side, Recover on R, Step L Behind R Sweeping R from Front to Back

### Rock Back, Step Pivot $\frac{3}{4}$ Turn L, Side, Touch, Back, Kick, Ball, Cross

- 2-3 Rock Back, Recover on L  
4& Step Fwd on R, Pivot  $\frac{3}{4}$  Turn L (6:00)  
\*\*\*Restart and Tag Point  
5-6 Step R to R Side, Turn Body L Point L to L Diagonal  
7 (Straighten Body) Step L Back to L Side  
&8& Kick R Fwd to R Diagonal, Step R Next to L, Cross L Over R

## Restart: On 1st Wall after count 28 (6:00)

### Tag & Restart: On Wall 6 after count 28 add:

- 1-2 Step and Sway R, Sway L

## Restart dance from count 1 (12:00)