

# SWING LOW SWEET CHARIOT

**COPPER KNOB**  
BY C. M. HENNING

**Count:** 32    **Wall:** 2    **Level:** beginner/intermediate

**Choreographer:** Jo Thompson Szymanski

**Music:** **Swing Low Sweet Chariot** by Scooter Lee



Wait for the slow vocal intro, then there will be 8 heavy beats, start on the word "swing"

## **TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER**

- 1&2            Step right foot to right side, step together with left foot, step right foot to right side
- 3-4            Rock back with left foot, replace weight forward to right foot
- 5&6            Step left foot to left side, step together with right foot, step left foot to left side
- 7-8            Rock back with right foot, replace weight forward to left foot

## **DIAGONAL, TOUCH, KICK BALL CHANGE, DIAGONAL, TOUCH, KICK BALL CHANGE**

- 1            Step right foot forward to right diagonal
  - 2            Touch ball of left foot beside right, keep weight on right foot
- The diagonal step on count 1 can be a slightly larger step for emphasis
- 3&4            Kick left foot forward, rock back with ball of left, recover weight forward to right foot
  - 5            Step left foot forward to left diagonal
  - 6            Touch ball of right foot beside left, keep weight on left foot
- The diagonal step on count 5 can be a slightly larger step for emphasis
- 7&8            Kick right foot forward, rock back with ball of right, recover weight forward to left foot
- During the above 8 counts, keep your body facing forward

## **FORWARD ROCK, BACK ROCK, TWO ¼ TURNS LEFT**

- 1-2            Rock forward with right foot, recover weight back to left foot
- 3-4            Rock back with right foot, recover weight forward to left foot
- 5-6            Step forward with right foot, turn ¼ left, shift weight to left foot
- 7-8            Step forward with right foot, turn ¼ left, shift weight to left foot

## **WALK FORWARD 3 STEPS, KICK AND CLAP, BACK 2, COASTER STEP**

- 1-3            Step forward with right, step forward with left, step forward with right
- 4            Kick forward with left foot, clap hands and say whooo!
- 5-6            Step back with left foot, step back with right foot
- 7&8            Step back with left foot, step together with right, with left foot, step forward and slightly across in front of right

**REPEAT**