

# Tequila Sheila

**Count:** 32    **Wall:** 4    **Level:** Beginner

**Choreographer:** Jean Loafman (March 2013)

**Music:** Tequila Sheila by Bobby Bare (Album: 16 Biggest Hits)



## Start dancing on lyrics

### HEEL, HOOK, HEEL, FLICK, CHASSE FORWARD, RIGHT AND LEFT

1&2&            Touch right heel forward, hook right over left, touch right heel forward, flick right back  
3&4            Chasse forward right-left-right  
5&6&            Touch left heel forward, hook left over right, touch left heel forward, flick left back  
7&8            Chasse forward left-right-left

### MAMBO FORWARD, COASTER, TURN 1/4 LEFT, CROSS, WEAVE

1&2            Rock right forward, recover to left, step right together  
3&4            Left coaster step  
5&6            Step right forward, turn 1/4 left (weight to left), cross right over left  
7&8&            Step left side, cross right behind, step left side, step right over left

### RUMBA BOX FORWARD AND BACK

1&2            Step left side, step right together, step left forward  
3&4            Step right side, step left together, step right back  
5&6            Step left side, step right together, step left back  
7&8            Step right side, step left together, step right forward

### CHASSE FORWARD, TURN 1/2 LEFT, STEP, TURN 1/4 RIGHT, TURN 1/4 RIGHT, FORWARD

1&2            Chasse forward left-right-left  
3&4            Step right forward, turn 1/2 left (weight to left), step right forward  
5-6            Step left forward, turn 1/4 right (weight to right)  
7&8            Step left forward, turn 1/4 right (weight to right), step left forward

## BEGIN DANCE AGAIN

### TAG: At the end of the sixth wall facing 6:00:

1&2            Rock right forward, recover to left, step right together  
3&4            Rock left back, recover to right, step left together  
5&6            Step right slightly forward, bump right-left-right  
7&8            Step left slightly forward, bump left-right-left

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