

THE PICNIC POLKA

Count: 48 Wall: 4 Level: Line / Partner dance

Choreographer: David Paden - Email: dfpadenjr@aol.com

Music: Cowboy Sweetheart by LeAnn Rimes



Position:

When danced as a partner dance, start in Side-By-Side Position

RIGHT TOE/HEEL, CHA-CHA-CHA

- 1 Touch right toe to left instep
- 2 Touch right heel to left instep
- 3&4 Shuffle in place right-left-right

LEFT TOE/HEEL, CHA, CHA, CHA

- 5 Touch left toe to right instep
- 6 Touch left heel to right instep
- 7&8 Shuffle in place left-right-left

SHUFFLE FORWARD AND BACK

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5&6 Shuffle backward right-left-right
- 7&8 Shuffle backward left-right-left

VINES & STOMPS

- 1-4 Rolling vine to right, stomp and clap on count 4
- 5-8 Rolling vine to left, stomp and clap on count 8

When danced as a partner dance, change that to

- 1-3 **MAN:** Man vines right
LADY: Lady rolls left
- 4 **BOTH:** Stomp and clap
- 5-7 **MAN:** Man vines left
LADY: Lady rolls right
- 8 **BOTH:** Stomp and clap

TWO RIGHT KICK-BALL-CHANGES/TWO ½ TURN PIVOTS LEFT

- 1&-2 Right kick-ball-change
- 3&-4 Right kick-ball-change
- 5-6 ½ turn pivot to left
- 7-8 ½ turn pivot to left

STOMP, CLAPS

- 1 Stomp right foot
- 2-4 Clap hands three times (keep weight on right foot)

When danced as a partner dance, change that to

- 1 Stomp right foot, turn to face each other
- 2-4 Clap lady's right hand to man's, clap lady's left hand to man's, clap right hands and hold onto it

SHUFFLES

5&6 Cross left foot over right and shuffle to right (left-right-left)

7&8 Turn $\frac{1}{4}$ right and shuffle forward (right-left-right)

1&2 Turn $\frac{1}{4}$ right and side shuffle to left (left-right-left)

3&4 Turn $\frac{1}{4}$ right and shuffle backwards (right-left-right)

When danced as a partner dance, change that to

5&6 Lady begins shuffling around man while man shuffles slightly forward

7&8 Lady continues shuffling around man while man shuffles slightly forward

1&2 Lady continues shuffling around man while man shuffles slightly forward

3&4 **LADY:** Finish shuffling all the way around the man

MAN: Shuffle slightly forward and turn $\frac{1}{4}$ left to face LOD

Now in Side-By-Side Position again

WALK FORWARD WITH STOMP

5-7 Walk forward left-right-left

8 Stomp right foot home

REPEAT