

WALKING BACKWARDS

Count: 32 Wall: 4 Level: Beginner / Intermediate

Choreographer: Robbie McGowan Hickie

Music: Walking Backwards by Brandon Sandefur



WALK BACK RIGHT, WALK BACK LEFT, RIGHT LOCK STEP BACK, BACK ROCK, LEFT SHUFFLE FORWARD

- 1-2 Step right back, step left back
- 3&4 Step right back, lock left over right, step right back
- 5-6 Rock left back, recover to right
- 7&8 Shuffle forward stepping left, right, left

CROSS ROCK & SIDE, CROSS, SIDE, LEFT SAILOR TURN ¼ LEFT, RIGHT SHUFFLE FORWARD

- 1&2 Cross/rock right over left, recover to left, step right to side
- 3-4 Cross left over right, step right to side
- 5&6 Cross left behind right, turn ¼ left (weight to right), step left slightly forward
- 7&8 Shuffle forward stepping right, left, right (9:00)

FORWARD ROCK, LEFT TRIPLE STEP FULL TURN LEFT, FORWARD ROCK, RIGHT SHUFFLE TURN ½ RIGHT

- 1-2 Rock left forward, recover to right
- 3&4 Triple in place turning a full turn left stepping left, right, left
- 5-6 Rock right forward, recover to left
- 7&8 Shuffle back turning ½ right and step right, left, right (3:00)

Easier option:

- 3&4 Triple in place stepping left, right, left

FORWARD ROCK, LEFT COASTER CROSS, MONTEREY TURN ½ RIGHT

- 1-2 Rock left forward, recover to right
- 3&4 Step left back, step right together, cross left over right
- 5-6 Touch right to side, turn ½ right and step right together
- 7-8 Touch left to side, step left together (9:00)

REPEAT

ENDING

When dancing to the music "Walking Backwards", music ends during wall 9, after count 22 (facing 9:00). To end facing front wall, turn ¼ right and step right to side, then hold